



18TH ANNUAL CONFERENCE OF THE SOUTH ASIAN HEALTH FOUNDATION (SAHF)

DIABETES CARE FOR SOUTH ASIANS:

*Book your
complimentary
place today*

**TRANSLATING
THE LATEST
RESEARCH EVIDENCE
INTO CLINICAL
PRACTICE**

*Aimed at
healthcare
professionals
delivering diabetes
and cardiovascular
disease care to
the south Asian
community*



WHY ATTEND

- Tailored, expert advice on managing the various aspects of diabetes and cardiovascular disease in the South Asian population
- A wide range of core clinical topics explored within a densely packed, dynamic programme
- Interactive masterclasses on a range of practical topics
- Multiple networking opportunities
- CPD accreditation, certificate of attendance and a workbook designed to aid delegates in fulfilling revalidation requirements

**12–13
OCTOBER 2017**

National Conference Centre

BIRMINGHAM

*To book your
complimentary place,
please visit:*

WWW.DIABETESONTHENET.COM/EVENTS



SILVER SPONSORS



This conference was developed by the SAHF Diabetes Working Group, in conjunction with OmniaMed SB. The sponsoring companies have had no input into the conference agenda, speaker selection or presentations, with the exception of the symposium sessions (among sponsors with such a session), for which the respective companies are fully responsible. This is correct at the time of print.



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Wasim Hanif
*Professor of
Diabetes and
Endocrinology,
Consultant
Physician, and
Clinical Director
in Diabetes at
University Hospital
Birmingham*

We are delighted to be able to invite you to a 2-day meeting that has been tailored specifically to help healthcare professionals in the UK striving to deliver the best possible care for south Asian people with diabetes. Whether you are working in a primary, intermediate or secondary care setting, the conference will be relevant to your everyday practice. Delegates will benefit from an interactive mixed-format learning experience – covering a breadth of topics – via plenary lectures, clinical updates and interactive masterclasses, each aimed at providing practical guidance based on the best available evidence.

This year, our theme is about translating the latest research evidence into clinical practice. Among the major topics that we will be covering are innovation within diabetes care, dietary advice, cardiovascular prevention and research updates, and we are also delighted to have Professor Kamlesh Khunti delivering the keynote lecture on the updates on diabetes in south Asian people.

We have 2 days packed with must-attend sessions that are sure to help you in everyday clinical practice. We very much hope to see you there.

PROGRAMME

DAY 1: THURSDAY 12TH OCTOBER

SESSION 1

08.30–09.15 REGISTRATION AND EXHIBITION VIEWING

09.15–10.00 SPONSORED SYMPOSIUM

SESSION 2

10.00–10.20 REFRESHMENTS AND EXHIBITION VIEWING

10.20–10.30 CHAIR'S INTRODUCTION

- SAHF highlights from the past year

10.30–10.45 NHS - THE NEW LANDSCAPE & DIABETES CARE

- NHS England – the Five Year Forward View
- The clinical & political agenda
- Diabetes at the centre of the NHS strategy

Simon Stevens, Chief Executive of NHS England

10.45–11.00 DIABETES CARE: PERSPECTIVE

- Trials & tribulations
- The future

Jonathan Valabhji, National Clinical Director for Obesity and Diabetes, NHS England and Consultant Physician, Diabetologist and Endocrinologist, Imperial College Healthcare NHS Trust, London

11.00–11.15 DIABETES CARE: INNOVATION AND INNOVATION

- Urgency of innovation
- New approaches to care
- The future

Partha Kar, Consultant Endocrinologist and Clinical Director of Diabetes, Portsmouth

11.15–11.30 Q&A – DIABETES CARE TOWARDS 2020

Simon Stevens, Jonathan Valabhji, Partha Kar

11.30–12.00 CARDIOVASCULAR DISEASE PREVENTION

- The evidence base in general
- The evidence base in South Asians
- The future

Naveed Sattar, Professor of Metabolic Medicine, Glasgow

12.00–12.30 DIABETES AND STROKE

- Preventing Stroke in patients with diabetes
- Evidence based treatment – post stroke
- Specific care in South Asians

Tom Robinson, Head of department & Professor of Stroke Medicine, Leicester

12.30–13.00 DIETARY ADVICE: THE EVIDENCE IN DIABETES CARE

- Dietary advice in general
- Dietary advice specific to South Asians
- Future research

Nita Forouhi, MRC Programme Leader, Cambridge

13.00–14.00 LUNCH AND EXHIBITION VIEWING

SESSION 3: MASTERCLASSES

14.00–14.50 MASTERCLASSES (FIRST ROTATION)

1 MASTERCLASS 1: INSULIN PUMPS IN SOUTH ASIAN PEOPLE

- Benefits of pump therapy
- Specific issues in South Asian patients
- Barriers to expansion of services

Ali Karamat, Consultant Physician in Endocrinology and Diabetes, Birmingham and *Pratik Choudhary*, Senior Lecturer and Consultant in Diabetes, London

2 MASTERCLASS 2: DIABETIC FOOT

- Specific issues in South Asians
- Preventing amputation
- Diabetes foot disease: The burden

Ateeq Syed, Consultant Physician, Birmingham, *Mujahid Saeed*, Consultant Physician and Diabetologist, Birmingham and *Rajesh Jogia*, Consultant Podiatric Surgeon, Leicester

3 MASTERCLASS 3: DIABETES AND DIAGNOSTIC CONUNDRUMS IN SOUTH ASIAN PEOPLE

- Maturity-onset diabetes of the young (MODY)
- Latent autoimmune diabetes in adults (LADA)

Sudсна Chatterjee, Consultant in Diabetes, Leicester, *Annie Altaf* and *Sofia Salahuddin*, Consultant in Diabetes, Birmingham

14.50 - 15.40 MASTERCLASSES (SECOND ROTATION)

1 MASTERCLASS 1: REPEATED

4 MASTERCLASS 4: CULTURAL COMPETENCIES

- Key issues in care
- Use of interpreters
- Cultural competencies in care
- Key criteria for achieving this in diabetes services

Paramjit Gill, Professor of General Practice, Warwick, *Mahendra Patel*, Consultant Pharmacists and Pharmacy Academic Lead, Huddersfield

5 MASTERCLASS 5: POLYPHARMACY CONCORDANCE

- Evidence-based care
- Barriers to implementation
- Specific issues in diabetes care

Alia Gilani, Health Inequalities Pharmacist, Glasgow

15.40–16.00 TEA AND EXHIBITION VIEWING

16.00–16.30 KEYNOTE LECTURE: UPDATE ON DIABETES IN SOUTH ASIAN PEOPLE

- Key evidence
- The unmet needs
- Barriers to care

Kamlesh Khunti, Professor of Primary Care Diabetes and Vascular Medicine, Leicester

16.30–17.15 SYMPOSIUM SPONSORED

DAY 2: FRIDAY 13TH OCTOBER

SESSION 5

09.15–10.00 SYMPOSIUM SPONSORED

10.00–10.30 TEA AND EXHIBITION VIEWING

SESSION 6

10.30–11.15 SOUTH ASIANS CAN WIN OLYMPIC GOLD MEDALS

- Is there a real difference between South Asians and other people?
- Olympic performance

For: *Wasim Hanif*, Professor Diabetes and Endocrinology, Clinical Director, University Hospital, Birmingham

Against: *Vinod Patel*, Honorary Consultant in Endocrinology and Diabetes, Warwickshire

11.15–11.45 10-MINUTE UPDATES ON RESEARCH

- Erectile dysfunction
- Pregnancy
- Microalbuminuria

Winston Crasto, Consultant Physician Diabetes and Endocrinology, Leicester, *Ponnusamy Saravannan*, Professor in Diabetes, Endocrinology and Metabolism, Warwick and *Srikanth Bellary*, Senior Lecturer and Consultant Physician, Birmingham

SESSION 7

11.45–12.15 TEA AND EXHIBITION VIEWING

12.15–12.45 10-MINUTE UPDATES ON RESEARCH

- Diabetic retinopathy
- Prevention of diabetes (lifestyle and metformin)
- Pregnancy and diabetes

Maggie Clarke, Consultant Physician, Birmingham, *Vinod Patel*, Honorary Consultant in Endocrinology and Diabetes, Warwickshire and *Jonathan Webber*, Diabetes Consultant, Clinical Service Lead, Birmingham

12.45–13.15 LIFETIME ACHIEVEMENT AWARD

- Diabetes care, trials and tribulations

Nikhil Tandon

13.15 CONFERENCE CLOSE



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BOOKING FORM

To reserve your complimentary place, please book online at:

WWW.DIABETESONTHE.NET.COM/EVENTS

PERSONAL DETAILS

Please fill in your name, title and place of work as you would like them to appear on the delegate name badge. Please use BLOCK CAPITALS. (If you wish to book more than one place, please photocopy this form or write other names on a separate sheet.)

Title: Full name:

Post/job title:

Primary/secondary care:

Place of work:

Special requests (e.g. dietary):

Daytime telephone: Daytime fax:

Email address:
(Confirmation will be sent via email)

Correspondence address:

Post code:

I confirm that I am a healthcare professional

MASTERCLASSES

Please choose ONE masterclass from rotation 1*:

ROTATION 1:

- 1. INSULIN PUMPS IN SOUTH ASIAN PEOPLE
- 2. DIABETIC FOOT
- 3. DIABETES AND DIAGNOSTIC CONUNDRUMS IN SOUTH ASIAN PEOPLE

*Please note, we will not be able to process your registration without these choices

Please choose ONE masterclass from rotation 2*:

ROTATION 2:

- 1. INSULIN PUMPS IN SOUTH ASIAN PEOPLE (REPEATED)
- 4. CULTURAL COMPETENCIES
- 5. POLYPHARMACY CONCORDANCE

HOW TO BOOK

Please send your completed booking form to:

The Events Team, OmniaMed SB, 1.01 Cargo Works, 1-2 Hatfields, London, SE1 9PG

Tel: 020 3735 8244

Email: bookings@omniamed.com

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